# Beaver Meeting Schedule: Week One

**Theme: Family Day**

**Date:** ________________

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Program Details</th>
<th>Leader Responsible</th>
</tr>
</thead>
</table>
| 10 mins. | Gathering Activity   | Noah’s Ark  
(See Detail Planning Sheet)                             |                    |
| 5 mins. | Opening Ceremony      | Details can be found in the  
Beaver Leader’s Handbook                                    |                    |
| 10 mins. | Game                  | Lap Sit: Lodges and Colony  
(See Detail Planning Sheet)                                  |                    |
| 20 mins. | Theme Activity        | Family Tree  
(See Detail Planning Sheet)                                  |                    |
| 10 mins. | Song                  | Father Abraham                                            |                    |
| 10 mins. | Lodge Meeting         | Working Together as a family                             |                    |
| 5 mins. | Spiritual Fellowship  | - Recite Law / Promise  
- Prayer / Talk                                               |                    |
| 5 mins. | Closing Ceremony      | Details can be found in the  
Beaver Leader’s Handbook                                    |                    |
| 15 mins. | Leader Discussion     | Review Meeting and discuss  
next week’s plans                                              |                    |

### Meeting Notes:

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______________________________________________________________________________
Beaver Meeting - Detail Planning

Theme: Family Day

Craft

Family Tree

*Each Beaver will need the following materials:*

- Green felt circle 20 cm in diameter
- Brown felt rectangle
- 3 cm felt circles (5-8) of different colours for faces
- Yarn/doll hair, googly eyes, fabric scraps for decorating faces
- Glue sticks and large construction paper.

Have Beavers glue the green felt circle onto a large piece of construction paper. Trim the brown felt to resemble a tree trunk, and glue under the tree top. Glue face felt circles on the tree for every member of the Beaver’s family and decorate as appropriate.
Noah's Ark

This is an active game. If you play inside, use the four corners of the room. If you play it outside, a leader should stand as a marker for each corner. Name the corners People, Birds, Fish, and Animals.

Gather the Beavers in the Ark — the centre of the playing area. When you call out one of the names, the Beavers must all move toward the correct corner in the appropriate way: running for “People!”, flapping their wings for “Birds!”, making swimming motions for “Fish!”, and scrambling on all fours for “Animals!”. When you call out “Flood!” the Beavers race back to the Ark. When they’re all safe, start again.

Lap Sit

A group of people form a tight circle by standing shoulder to shoulder, and then all turn to their right (or left). Each person grasps the waist of the one directly in front and takes one side step toward the centre of the circle to tighten it. The Beavers should then attempt to sit on the knees (not the thighs) of the person behind them, creating a sitting circle.

The real fun begins after the sitting circle has been formed when the Beavers attempt a variety of collective actions called out by a leader. Here are some actions to try:

- Hold arms out to the side
- Clap hands three times
- Touch the floor outside the circle
- Take three steps forward
  (all together — left, right, left)
- Take three steps backwards.

This last manoeuvre usually leaves the entire group in a cheerful heap on the floor.
**Song**

**Father Abraham**

*March around together as you sing. Each time you sing a verse, add different parts of the body at the end.*

Father Abraham, had seven sons, *sir (Salute)*
Seven sons *sir*, had Father Abraham
And they never laughed (*Mimic laughing*)
And they never cried (*Wipe eyes*)
All they did was go like this:

With a left (*Circle left arm and start song again*)

...With a left and a right (*Circle both arms, sing again adding indicated actions for each new verse*)

...With a left and a right and a foot
...With a left and a right and two feet
...With a left and a right and two feet and a head
...With a left and a right and two feet and a head and a hip
...With a left and a right and two feet and a head and two hips
...With a left and a right and two feet and a head, and two hips and a MARCH!
**Beaver Meeting Schedule: Week Two**  
**Theme: Mother’s Day**

**Date:** ________________

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Program Details</th>
<th>Leader Responsible</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 mins.</td>
<td>Gathering Activity</td>
<td>Mother’s Day Card</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td><em>(See Detail Planning Sheet)</em></td>
<td></td>
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<tr>
<td>5 mins.</td>
<td>Opening Ceremony</td>
<td>Details can be found in the</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td><em>Beaver Leader’s Handbook</em></td>
<td></td>
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<tr>
<td>10 mins.</td>
<td>Game</td>
<td>“My Mommy Says...”</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td><em>(See Detail Planning Sheet)</em></td>
<td></td>
</tr>
<tr>
<td>20 mins.</td>
<td>Theme Activity</td>
<td>Mother’s Day Tulips</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td><em>(See Detail Planning Sheet)</em></td>
<td></td>
</tr>
<tr>
<td>10 mins.</td>
<td>Story</td>
<td>Just Grandma and Me</td>
<td></td>
</tr>
<tr>
<td>10 mins.</td>
<td>Lodge Meeting</td>
<td>Talk about what Beavers do with their Moms</td>
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<td></td>
<td></td>
<td>and Grandmas (or other female adult family</td>
<td></td>
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<td></td>
<td></td>
<td>members) on Mother’s Day.</td>
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<tr>
<td>5 mins.</td>
<td>Spiritual Fellowship</td>
<td>- Recite Law / Promise</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>- Prayer / Talk</td>
<td></td>
</tr>
<tr>
<td>5 mins.</td>
<td>Closing Ceremony</td>
<td>Details can be found in the</td>
<td></td>
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<td></td>
<td><em>Beaver Leader’s Handbook</em></td>
<td></td>
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<tr>
<td>15 mins.</td>
<td>Leader Discussion Time</td>
<td>Review Meeting and discuss next week’s</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>plans</td>
<td></td>
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**Meeting Notes:**

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Beaver Meeting - Detail Planning

Theme: Mother’s Day

Ideas for Mother’s Day

In today’s extended families, other female figures are often important to Beavers (e.g. aunts, grandmothers or neighbours). Leaders should support the child’s choice of this female figure.

Talks can centre around the involvement and role this person plays in the Beaver’s daily life. As a leader, your most important function is to provide guidance. Let the Beavers know you care about their feelings and are willing to listen closely to them.

Other Mother’s Day

The last Sunday in May is Mother’s Day in Sweden and France. In South Africa it is held on the first Sunday in May. Native Peoples, as part of a spring powwow, have a special ceremonial dance in honour of Mother’s Day.
Crafts

Mother’s Day Cards

Have various colours of construction paper sheets on hand so your Beavers can choose from an interesting variety. Fold the paper in half.

On the inside, make up a lovely saying to the female of their choice. You will have to write this for younger children, but let them sign their own names. Older children can do this themselves.

Here is an example of the wording you might choose: “To my favourite __________ in all the world.” Love, ______ (the child’s name)

As an alternative, on the inside of the card some Beavers might want to trace their hand, then colour it.

Mother’s Day Tulips

This pot of everlasting tulips is a nice gift for Mom or Grandma on Mother’s Day. Your Beavers can make it easily with a few simple materials: cardboard tubes from toilet rolls, egg carton cups of different colours, green and yellow pipe cleaners, coloured tissue paper, sharp pencils, scissors and glue.

It saves time if leaders or Keeo and the White Tails separate the egg cups from the cartons beforehand and pre-cut tissue paper squares to the right size.

To make the tulip pot, the Beavers simply choose the colour of tissue they like and glue it around a toilet paper tube. As the glue dries, they should begin making three or four tulips by cutting around the edges of the egg cups to make petal shapes.

To finish off, they punch a hole through the bottom of each egg cup with a sharp pencil, push in a pipe cleaner stem, and bend over the pipe cleaner in the cup to make a “knot” to hold it in place.

Finally, let them arrange their tulips in the pot. If you have some paper grass left over from Easter crafts, your Beavers can stuff some of that around the tulips to keep the arrangement in place before taking home their gift to deliver with a big kiss.
**Games**

**My Mommy Says**

This game is a variation of the old favourite, “Simon Says”.

One person leads the action and the others follow only when the leader starts the action with the words, “My Mommy Says.” Let Beavers take turns being leaders. Those who make mistakes should remain in the game — this isn’t a contest. It’s for FUN.

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**Suggested Stories**

- *Just Grandma and Me*, by Mercer Mayer
- *Just For You*, by Mercer Mayer
- *The Not-So-Wicked Stepmother*, by Lizi Boyd
- *I Love My Mother*, by Paul Zindel
- *The Berenstain Bears and Mama’s New Job*, by Stan and Jan Berenstain
- *The Berenstain Bears and The Week at Grandma’s*, by Stan and Jan Berenstain
# Beaver Meeting Schedule: Week Three

## Theme: Father’s Day

**Date:** ____________________

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Program Details</th>
<th>Leader Responsible</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 mins.</td>
<td>Gathering Activity</td>
<td>Father’s Day Coupon &lt;br&gt;<em>(See Detail Planning Sheet)</em></td>
<td></td>
</tr>
<tr>
<td>5 mins.</td>
<td>Opening Ceremony</td>
<td><em>Details can be found in the Beaver Leader’s Handbook</em></td>
<td></td>
</tr>
<tr>
<td>10 mins.</td>
<td>Game</td>
<td>Follow the Daddy &lt;br&gt;* (See Detail Planning Sheet)*</td>
<td></td>
</tr>
<tr>
<td>20 mins.</td>
<td>Theme Activity</td>
<td>Beaver / Airplane Note Clips &lt;br&gt;* (See Detail Planning Sheet)*</td>
<td></td>
</tr>
<tr>
<td>10 mins.</td>
<td>Story</td>
<td>Just Me and My Dad</td>
<td></td>
</tr>
<tr>
<td>10 mins.</td>
<td>Lodge Meeting</td>
<td>Discuss what Beavers do with their Dads, Grandpas (or other adult, male family members) on Father’s Day.</td>
<td></td>
</tr>
<tr>
<td>5 mins.</td>
<td>Spiritual Fellowship</td>
<td>- Recite Law / Promise &lt;br&gt;- Prayer / Talk</td>
<td></td>
</tr>
<tr>
<td>5 mins.</td>
<td>Closing Ceremony</td>
<td><em>Details can be found in the Beaver Leader’s Handbook</em></td>
<td></td>
</tr>
<tr>
<td>15 mins.</td>
<td>Leader Discussion Time</td>
<td>Review Meeting and discuss next week’s plans</td>
<td></td>
</tr>
</tbody>
</table>

**Meeting Notes:**

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**Beavers: Family**

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Ideas for Father’s Day

In today’s extended families, other male figures are often important to Beavers (e.g. uncles, grandfathers or neighbours). Leaders should show support of the child’s choice of this male figure.

Talks can centre around the involvement and role this person plays in the Beaver’s daily life. As a leader, your most important function is to provide guidance. Let the Beavers know you care about their feelings and are willing to listen to them.
Crafts

Father’s Day Coupons

Give each Beaver four pieces of paper, each cut to 6 cm x 15 cm. Have the Beaver write or draw something they can do for their father.

Staple the paper together to make a “coupon book” — just for Dad. Some ideas for the coupons might include: back rubs, cleaning up their room, telling funny jokes or hugs.

Beaver/Airplane Note Clips

To make this handy craft you will need wood scraps (8-15 cm, any shape), sandpaper, clothespins, brown felt, googly eyes for the Beaver note clip, and popsicle sticks for the airplane note clip.

Start by letting your Beavers sand the rough edges of a piece of wood.

Next, glue the clothespin to the wood base.

While the glue dries, your kids should cut a beaver shape from brown felt (you might want to provide a pattern) and stick on the eyes.

Glue the beaver to the clothespin.

If your Beavers prefer an airplane note clip, glue a popsicle across the clothespin for wings.

Sand half a popsicle stick and glue it on the end of the clothespin for the tail.
# Beaver Meeting Schedule: Week Four

**Theme:** National Child Day (November 20)

**Date:** ______________

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Program Details</th>
<th>Leader Responsible</th>
</tr>
</thead>
</table>
| 10 mins. | Gathering Activity | Beaver Bookmaking  
(See Detail Planning Sheet) |                    |
| 5 mins. | Opening Ceremony | Details can be found in the  
Beaver Leader’s Handbook |                    |
| 30 mins. | Theme Activity | All About Me  
(See Detail Planning Sheet) |                    |
| 10 mins. | Song | One Finger / One Thumb |                    |
| 10 mins. | Lodge Meeting | Respect others for who they are |                    |
| 5 mins. | Spiritual Fellowship | - Recite Law / Promise  
- Prayer / Talk |                    |
| 5 mins. | Closing Ceremony | Details can be found in the  
Beaver Leader’s Handbook |                    |
| 15 mins. | Leader Discussion  
Time | Review Meeting and discuss  
next week’s plans |                    |

**Meeting Notes:**

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
Games

Follow the Daddy

Select a Beaver to be the leader. Children all follow the leader, doing as he or she does. Make alternate suggestions if a child can’t think of an idea.

You might want to try this variation. Set up a maze to allow your Beavers to crawl under a table, up and over a chair, and walk around a pole. You may also make it more complex by getting the Beavers to follow the actions of a leader (changing arms, head, leg position) as they follow.

Together, Together

This game is similar to “Follow the Daddy”, but is played sitting down. The leader says, “Together, together, let’s all (do an action, clapping hands, snapping fingers, etc.) together.”

Suggested Stories

- Just Me and My Dad, by Mercer Mayer
- Just Grandpa and Me, by Mercer Mayer


**Beaver Meeting** - Detail Planning

**Theme: National Child Day (November 20)**

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**Background**


On November 20, 1989, the Convention on the Rights of the Child was adopted by the United Nations’ General Assembly. The Convention, which addresses the rights of children and youth under the age of 18 years, recognizes their basic human rights and gives them additional rights to protect them from harm. The Convention also recognizes the important role of the family in the upbringing of children.

To commemorate those momentous occasions, on March 19, 1993, the Government of Canada designated November 20 as National Child Day. The enactment of National Child Day was the culmination of efforts by Our Kids Foundation in Ottawa, and Results Canada. Their action was also supported by other individuals and community groups, including the Canadian Coalition for the Rights of Children.

To mark National Child Day, numerous communities across the country hold special activities and events on November 20. Some include:

- Community days for children and their families
- Launching special initiatives and programs to protect children’s rights
- Special workshops and public exhibits to promote National Child Day and children’s issues.
Craft

Beaver Bookmaking

Give each Beaver a book of paper stapled together that leaders have prepared before the meeting. The words, “My Beaver Book”, should be written on the cover. Beavers may write their name and begin colouring and decorating the book cover before the meeting starts. Write the meeting date on it.

Activity

All About Me

These activities are done by lodges. Beavers can help one another gather the following information:

- Height
- Weight
- Hand print (trace hand on one of the book pages)
- Length of arm, leg, foot, ear, big toe
- Circumference of head, arm, leg
- Physical skills (including how far the Beaver can hop, throw, step) how high the Beaver can jump
- How many push-ups the Beaver can do
- How fast the Beaver can run from one spot to another
- Picture (i.e., from a Polaroid instamatic camera)
- Silhouette. Make it by laying the Beaver’s head sideways on a piece of paper and tracing an outline of the face. Have Beaver cut out and glue it into the book.

For physically challenged children, encourage them to do their best and look for other attributes to record.

Song

One Finger, One Thumb

Words are accompanied by motions with finger, thumb, hand, raising arms, stamping feet, standing up and sitting down.

One finger, one thumb, one hand, keep moving,
One finger, one thumb, one hand, keep moving,
One finger, one thumb, one hand, keep moving,
And we’ll all be happy and smile.

2nd Verse

One finger, one thumb, one hand, two hands,
Keep moving.
One finger, one thumb, one hand, two hands,
Keep moving.
One finger, one thumb, one hand, two hands,
And we’ll all be happy and smile.

Add in turn:

3rd Verse: One arm
4th Verse: Two arms
5th Verse: One leg
6th Verse: Two legs
7th Verse: Stand up/sit down